



## Special Spa Packages

**Half Day Treatments** (per person) **4½ hrs R1280**  
Commence with essential oil hydrotherapy tub, followed by a full body exfoliation and Thalassotherapy mud application. A relaxing massage of choice together with a deep cleanse facial treatment and pedicure or manicure.

**Full Day Treatments** (per person) **6½ hrs R2080**  
Herbal steam, full body exfoliation, Thalassotherapy mud application and hydro tub treatment. A full body massage followed by a light luncheon. Afternoon – anti-ageing facial, manicure and royal caviar pedicure.

**Bridal Treatments** (per person) **4½ hrs R1450**  
Lash and brow tint, French manicure and French pedicure, Matis Hydroclat facial, full body aromatherapy massage and complimentary sparkling wine.

**Pre-Natal Treatments** (per person) **2½ hrs R690**  
Manicure, pedicure and a back, neck and shoulder massage.

**Gentlemen's Package** **3 hrs R790**  
Enjoy a Dermalogica deep cleanse facial, herbal steam, a 45min back, neck and shoulder massage, including the scalp and either a manicure or pedicure.

**Executive Escape** **2½ hrs R780**  
Destressing hydro tub, full body aromatherapy massage, deep cleanse facial with a scalp massage and paraffin foot dip.

**Value Add**  
Get your free Loyalty Card – spend R350 or more on treatments (consecutively) and earn a stamp. Once you've earned 7 stamps, you'll receive your next treatment up to the value of R550 complimentary.

## Accommodation Packages

Enquire about our tailor-made treatment and accommodation packages. All treatment packages are designed exclusively with the client in mind, health, relaxation & beauty being our top priority. Individual attention at all times is guaranteed, leaving the client feeling refreshed, relaxed and energised. Please visit [www.romneypark.co.za](http://www.romneypark.co.za) for accommodation options.

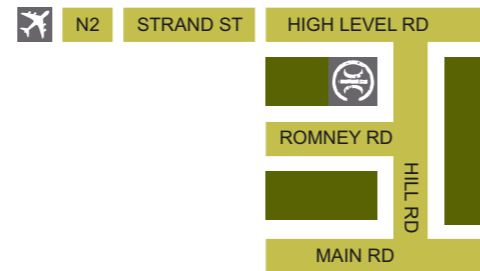
## Spa Etiquette and Policy

- Kindly arrive 15 minutes prior to your treatment.
- 24 Hrs advance notice is required for cancellations and rescheduling.
- Less than 24hrs notice will result in the full charge of your treatment.
- Late arrivals' treatment time will be reduced accordingly.
- Prices are subject to change without notice.
- Booking in advance is recommended to avoid disappointment.
- Please switch off all cellphones.
- No children under 12yrs allowed at the spa.



## Give a gift of health

A gift voucher from Romney Park Spa will entitle the bearer to a range of special treatments and therapies.



Mon - Sat: 08h00 - 20h00, Sun: 08h00 - 18h00

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Telephone: +27 (0)21 439 4555, Facsimile: +27 (0)21 439 4747  
E-mail: [wellness@romneypark.co.za](mailto:wellness@romneypark.co.za), [www.romneypark.co.za](http://www.romneypark.co.za)



O.P.I



ROMNEY PARK  
ALL SUITE HOTEL & SPA  
★★★★★



wellness centre

## PRICE LIST

THE ROMNEY PARK SPA OFFERS ADVANCED SKIN AND BODY THERAPIES FOR BOTH MEN AND WOMEN. INDULGE YOURSELF WITH VARIOUS RELAXING OR ENERGIZING MESSAGES AND A HOST OF TRADITIONAL THERAPEUTIC BODY, SPA AND SKIN CARE TREATMENTS.



## Hair Removal

½ Leg wax	R140
¾ Leg wax	R160
Full leg wax	R200
Full leg including Bikini wax	R250
Full leg including Brazilian wax	R300
Full leg including Hollywood wax	R330
Bikini wax	R 90
Brazilian wax	R170
Hollywood wax	R190
U-arm wax	R 80
½ arm wax	R100
Full arm wax	R150
Lip or Chin or brow wax	R 60
Face wax combination (lip, chin and brow)	R150
Men: Back or Chest wax (Half)	R 80
Men: Back or Chest wax (Full)	R160
Back wax & 30 min Back massage Combo	R340
Nose or Ear wax	R 60



## Skin Care Treatments

After a complimentary skin consultation, our therapists will recommend the best facial for your skin type.

### MATIS

Hydreclat eye treatment <i>(with Ionophoresis &amp; Ultrasound)</i>	45 min	R195
Eye contour treatment <i>(with specialised eye mask)</i>	45 min	R390
Express facial <i>(cleanse, exfoliate, mask, day cream)</i>	45 min	R300
Discovery deep cleanse <i>(Youth, Purity, Soothing)</i>	1 hr	R350
Purifying treatment <i>(Oily, congested, problematic skin)</i>	1½ hrs	R380
Vitalite energising/regenerating facial <i>(Vitamin treatment)</i>	1½ hrs	R495
Hydreclat Ionophoresis & Ultrasound <i>(Regulating, Soothing, Preventing, Repairing, Lightening)</i>	1½ hrs	R550
Face Print treatment <i>(Youth, Purity, Soothing, Vitalite)</i>	1½ hrs	R680
Whitening treatment	1½ hrs	R850
Total youth AHA/BHA <i>(Anti-ageing treatment)</i>	1½ hrs	R850
<b>Mens Radiance revealing treatment</b> <i>(A targeted treatment which restores radiance to all skin types)</i>	1 hr	R330
<b>Mens Anti-Ageing treatment</b> <i>(A hydrating and firming treatment to minimise lines and wrinkles)</i>	1 hr	R330
<b>Back Facial</b> <i>(Deep cleansing of the back)</i>	1 hr	R380

### DERMALOGICA

(Receive a FREE face mapping with every Dermalogica Facial booked, suitable for men and women)

<b>FREE</b> Face Mapping	15 min	R 0
Express Skin Care Treatment	45 min	R300
Deep Cleanse <i>(cleanse, exfoliate, extractions, mask, day cream)</i>	1 hr	R390
Advanced Dermalogica Facial <i>(cleanse, exfoliate, extractions, massage, serum, mask, day cream)</i>	1¼ hrs	R500
AGEsmart Treatment <i>(An anti ageing facial with specific exfoliations and serums for younger and more radiant skin)</i>	1¼ hrs	R520
Ultra calming Treatment <i>(Soothes red and sensitive skin)</i>	1¼ hrs	R450
MediBac Clearing Treatment <i>(Problematic Skin, prone to Acne and breakouts)</i>	1¼ hrs	R430
Chromawhite Treatment <i>(Pigmented skin)</i>	1¼ hrs	R470

### Extras with Facials

Microdermabrasion <i>(full face)</i>	R180
Add a Galvanic Treatment to any Dermalogica facial <i>(anti-ageing)</i>	R120

## Tinting and Shaping

Lash tint	R 75
Brow tint	R 75
Lash and brow tint	R130
Brow shape	R 65

## Hand and Foot Treatments

Revarnish or French polish	20 min	R100
Express Manicure <i>(cut, file, cuticles, polish)</i>	30 min	R150
Manicure	1 hr	R220
Manicure with French polish	1½ hrs	R280
Luxury Paraffin Manicure	1½ hrs	R300
Express Pedicure <i>(cut, file, cuticles, foot file, polish)</i>	30 min	R170
Pedicure	1 hr	R230
Pedicure with French polish	1½ hrs	R290
Luxury Paraffin Pedicure	1½ hrs	R320
Spa Hot Stone Pedicure	1½ hrs	R320
Royal Caviar Pedicure	1½ hrs	R320

## Massage Treatments

Back, Neck and Shoulder Massage	30 min	R280
	45 min	R320
	1 hr	R380
	1½ hrs	R450
Swedish Massage	1 hr	R400
	1½ hrs	R480
	1½ hrs	R600
Aromatherapy Massage	1 hr	R490
	45 min	R320
	1½ hrs	R900
Royal Massage <i>(A caviar foot soak, scalp massage, hand &amp; foot massage &amp; 45min back of the body hot stone massage)</i>	1 hr	R490
La Stone Massage	45 min	R320
Pregnancy Massage	45 min	R320
Couples Massage <i>(Including a joint hydro tub and complimentary glass of sparkling wine, followed by your choice of Aromatherapy or Swedish Massage)</i>	1½ hrs	R900

## Alternative/Holistic Treatments

Reflexology	30 min	R280
	45 min	R350
	20 min	R220
Indian Head Massage		

## Express Body Treatments

The perfect solution to a fast paced city life

Pressure Wave Lymphatic Drainage	30 min	R170
Salt Glow Scrub	15 min	R220

## Hydrotherapy

Herbal Steam	30 min	R100
Hydro Tub	30 min	R190

## Body Treatments

<b>Matis Cocoon Treatment</b>	1 hr	R320
An introduction to the Matis body care line which leaves the body feeling satin smooth and deeply relaxed. Consists of a body exfoliation and a back of body massage using cocoon massage balm with shea butter and relaxing essential oils.		

<b>MatiSpa Sheer Delight</b>	1½ hrs	R650
A feast for the senses and utter well-being for the body commencing with an introductory sweet almond oil massage and peeling with two salts, followed by the cocoa cream wrap and completed with a cocktail of nourishing agents in Matis SOS nutrition cream, leaving a sense of comfort and infinite softness.		

<b>Island Experience</b>	1 hr	R360
Coconut salt scrub followed by warm coconut oil back and scalp massage.		

<b>Wellness Reviver</b>	1½ hrs	R480
Invigorating salt glow scrub, followed by a 60 min full body aromatherapy massage.		

<b>MatiSpa Rebalancing</b>	1½ hrs	R600
Recharge your batteries with an introductory sweet almond oil massage. Peeling with two salts exfoliation, followed by full body wrap with Mud from Brittany and completed with a cocktail of nourishing agents in Matis SOS nutrition cream.		

<b>Dead Sea Express</b>	2¼ hrs	R660
Detoxifying sea salt scrub, remineralising Dead Sea mud wrap and full body aromatherapy massage.		

<b>MatiSpa Body Contouring</b>	1½ hrs	R620
Melt away the contours with an introductory sweet almond oil massage, crystal peeling with flower petals, followed by self-heating cellu-smoothing wrap completed with Matis Tri-active Slimming concentrate to enhance skin tone and elasticity.		

## Microdermabrasion

<b>Diamondhead or Crystals</b>	
Full face	30 min R200
Full face, neck and décolleté	1 hr R380

### Facial including Microdermabrasion

Price of facial plus R180 extra for microdermabrasion

Course of ten sessions: 20% discount offered for prepayment of ten sessions.

 **wellness,**  
being in good health

 **wellness,**  
the perfect equilibrium between  
body, mind and spirit...

